

Effectiveness of homoeopathic medicine in eczema- with case presentation

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INTRODUCTION OF ECZEMA

Eczema, also known as atopic dermatitis, is a common chronic skin condition characterized by inflammation, redness, itching, and dryness of the skin. It often begins in childhood but can occur at any age. Eczema is not contagious, but it can significantly affect a person's quality of life due to persistent discomfort and the visible nature of the symptoms.

TYPES OF ECZEMA:-

Here are the main types of eczema, each with distinct causes and symptoms:

1. Atopic Dermatitis

Most common form of eczema.

Often starts in childhood.

Associated with asthma, hay fever, and food allergies.

Causes dry, itchy, and inflamed skin, usually on the face, neck, elbows, knees, and ankles.

2. Contact Dermatitis

Caused by direct contact with irritants or allergens (like soaps, chemicals, or certain metals).

Skin becomes red, itchy, and may blister or burn.

Two types: Irritant contact dermatitis and allergic contact dermatitis.

3. Dyshidrotic Eczema

Characterized by small, itchy blisters on the edges of the fingers, toes, palms, and soles.

Triggered by stress, allergies, moist environments, or exposure to certain metals.

4. Nummular Eczema (Discoïd Eczema)

Appears as round, coin-shaped spots on the skin.

These patches may be itchy, scaly, and oozing.

Often triggered by dry skin or skin injuries.

5. Seborrheic Dermatitis

Affects oily areas like the scalp, face, and upper chest.

Causes red, scaly patches and dandruff.

Believed to be linked to yeast on the skin and an abnormal immune response.

6. Stasis Dermatitis

Occurs on the lower legs due to poor circulation and fluid buildup (often in people with varicose veins or chronic venous insufficiency).

Causes swelling, redness, scaling, and sometimes open sores.

ECZEMA IN DIFFERENT REPERTORY

1. Kent's Repertory

Found under: "Skin – Eruptions – Eczema"

Related rubrics:

Skin – Eruptions – moist

Skin – Itching – eczema, with

Skin – Eruptions – vesicular

2. Boericke's Repertory

Found under: "Skin – Eczema"

Also includes related rubrics such as:

Skin – Dryness

Skin – Cracks

Skin – Desquamation

3. Synthesis Repertory

Very detailed and extensive.

Found under: "Skin – Eruptions – Eczema"

Sub-rubrics include:

Crusting

Discharge – offensive, thick, yellow, etc.

Localizations – behind ears, on hands, face, etc.

Modalities – from milk, worse in winter, etc.

4. Complete Repertory (by Roger van Zandvoort)

Highly comprehensive and clinical. Rubric: "Skin – Eruptions – Eczema"

Sub-rubrics based on:

Location

Character of the lesion (oozing, scaling, itching)

Modalities (heat, cold, washing, etc.)

5. Phatak's Repertory

More concise and clinical.

Eczema is found under:

Skin – Eczema

Itching

Suppuration

Case presentation on eczema



Date :- 05/01/2023

- Name of Patient :- XYZ
- Age :- 45 years
- Sex :- Female
- Religion :- Hindu
- Nationality:- Indian
- Marital status :- Married
- Occupation:- House wife
- Family members:- 4
- Husband(48years)
- Son (19 years)
- Daughter(17 years)
- Mother and father (Died)
- Address:- Rajkot

PRESENTING COMPLAINT

- Itching throughout the body
- Irritation
- Black marks
- Physical generals:-
- Appearance :- Dark,Fatty and flabby
- Appetite :- Ravenous hunger
- Thirst :- longing cold water
- Desire:- Indigestible things- chalk,coal,pencils,eggs ,salt and sweets(+2)
- Aversion:- Meat ,boiled things
- Stool :- 1/0(D/N) Stool large and hard
- Urine :- Dark brown, sour,fetid.
- Sleep :- Normal
- Dreams:- Not specific Thermal reaction :- Chilly patient

Mentals Generals:-

- INDIFFERENCE – recovery, about his
- FEAR – pain – of the pain
- AVARICE
- ANXIETY – money matters, about
- AILMENTS FROM – cares, worries - CHEERFUL – constipated, when

General Examination:-

- State:- Conscious
- General built & nutrition :- obese
- Height :- 5 feet 3 inches
- Weight:- 67 kgs
- Anemias:- Absent
- Jaundice:- Absent
- Cyanosis:- Absent
- Oedema:- Absent

- Pulse:- 80/min
- B.P. :- 110/70 mm of Hg
- Temperature :- 98.6° F
- Respiratory rate:- 18/min

DIFFERENTIAL DIAGNOSIS:-

- Eczema
- Lichen
- Dematosis papulosa nigra

FINAL DIAGNOSIS

Remedies	ΣSym	ΣDeg	Symptoms
calc.	7	12	1, 2, 3, 6, 7, 8, 9
phos.	4	8	2, 6, 8, 9
spong.	4	6	1, 2, 6, 8
sil.	3	8	2, 8, 9
bry.	3	4	1, 2, 6
lach.	3	4	2, 8, 9
calc-sil.	3	3	1, 8, 9
nat-c.	3	3	2, 8, 9
ars.	2	5	2, 7
cupr.	2	4	8, 9
dulc.	2	3	1, 2
lyc.	2	3	2, 6
nux-v.	2	3	2, 9
psor.	2	3	2, 3
sep.	2	3	2, 9

Eczema

TOTALITY OF SYMPTOMS AND RUBRICS :-

- ✚ MIND – INDIFFERENCE – recovery, about his
- ✚ MIND – FEAR – pain – of the pain
- ✚ MIND – AVARICE
- ✚ MIND – ANXIETY – money matters, about
- ✚ MIND – AILMENTS FROM – cares, worries MIND – CHEERFUL – constipated, when GENERALITIES - MAGNETISM amel.
- ✚ Mind; closing eyes; amel.
- ✚ Mind; delusions, imaginations; visions, has; horrible; opening eyes: (MIND – MAGNETIZED – desire to be)

SELECTION OF POTENCY:-HIGH PRESCRIPTION:-

R_x CALCAREA CARB 0/3 FOR 15 DAYS LIQUID DILUTION(morning empty stomach) S.L. B.D. 5 globules.

Follow up Date :-10/02/2025 Complete cure of previous complaint



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