

Green Supply Chain Solutions: Benefits, Challenges, and Trade-offs

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Abstract:

There is growing pressure on the world's supply chain ecosystem to do business sustainably as a result of increased environmental concerns, regulation, and changing consumer expectations. Green supply chain management (GSCM) is a strategic priority for organizations as they try to remain environmentally sensitive, even at the cost of lower profit margins. This paper examines the multidimensional profiles of GSCM innovations, focusing on their environmental and operational benefits, implementation constraints, and the trade-offs they entail. Drawing on the findings of recent empirical studies and industry practices, the book provides readers with a comprehensive overview of GSCM strategies, including supplier collaboration, E-logistics, green product design, and reverse logistics. The paper discusses the practical advantages of green initiatives, including reduced carbon footprint, cost savings, enhanced brand image, compliance with environmental regulations, and tax incentives. However, it also examines the real-world barriers that organizations encounter, such as high implementation costs, difficulties in coordinating stakeholders, a lack of availability of green technologies, and resistance to change. Combinations of environmental objectives with more traditional supply chain objectives, including speed, flexibility, and cost, are also investigated.

The research employs a mixed-methods research design (combining qualitative case studies with quantitative data analysis) to evaluate both the performance and potential of GSCM practices in several sectors, including manufacturing, pharmaceuticals, consumer goods, and logistics. Results indicate that companies that incorporate sustainability into their entire value chain can be considered environmentally compliant, and they will increase their competitiveness in the long term through resource efficiency and innovation. Notably, the paper highlights that stakeholder involvement, management vision, and government policies are key drivers of green supply chain transformation. The study also highlights the importance of digital technologies, such as blockchain, the Internet of Things (IoT), and artificial intelligence (AI), in enhancing traceability, monitoring carbon emissions, and providing real-time visibility throughout the supply chain.

In addition, this paper examines the evolving dialectic between regulatory requirements and voluntary sustainability commitments, as well as how organizations operate within policy landscapes and in accordance with global frameworks, such as the Paris Agreement and the United Nations' Sustainable Development Goals (SDGs). By doing so, it highlights the need to reconcile green targets with established operational KPIs and manage push-back from incumbent systems and supply chain partners. In addition, brief guidelines are presented for industry professionals and policymakers to be incorporated into robust reporting systems, the adoption of green procurement criteria, and the integration of circular economy principles into education programs, thereby fostering a culture of sustainability throughout the value network.

The paper presents a forward-looking perspective on scaling green supply chain initiatives through collaborative governance, technological innovation, and strategic trade-offs. It is a call to action for all actors engaged in the agricultural ecosystem—a call to shift from reactive compliance with sustainability requirements to active, proactive environmental stewardship—and a guide for

embedding sustainability in the DNA of the world's supply chains. This study contributes to the growing body of literature on sustainable operations, offering actionable frameworks that can inform decision-making in the design of supply chains and the development of policies within the global economy.

Keywords- Green Supply Chain Management, Sustainability, Environmental Compliance, Reverse Logistics, Sustainable Procurement, Carbon Footprint, Circular Economy, Supply Chain Optimization, Eco-efficiency, Supply Chain Trade-offs.

I. INTRODUCTION

In the 21st century, the effectiveness, cost-effectiveness, and responsiveness of supply chains are being increasingly measured through the lens of their environmental and social footprints. With increasing global pressures around climate change, resource scarcity, and environmental degradation, the conventional linear model of supply chain management is under scrutiny. This change is primarily driven by increased regulatory scrutiny, stakeholder activism, and a growing conscious consumer population that expects businesses to be held accountable for their environmental impact. To address this transformation, Green Supply Chain Management (GSCM) has been recognized as a key paradigm that effectively embeds 'environment' thinking in the functions of a supply chain, such as product design, material sourcing, production process management, and end-of-life management.

Green supply chains aim to minimize environmental damage while maintaining or improving economic and operational performance. The primary objective is to minimize waste and emissions, encourage recycling and reuse, and promote energy efficiency while using less hazardous materials. By embedding sustainability in core operations, companies can reduce environmental risk, improve brand equity, and respond to the increasingly high expectations of sustainability-conscious customers and investors." Nevertheless, moving to a green supply chain is no small task. It requires a systemic overhaul, significant capital investment, process and technology innovation, and, above all, the strategic reorientation of corporate objectives towards environmental protection.

The COVID-19 crisis has underlined the vulnerability of global supply chains and underscored the importance of robust and sustainable systems. The disruptions arising from the pandemic, as well as the geopolitical friction between powers such as the U.S. and China, and the war between Russia and Ukraine, have highlighted the weaknesses of overcentralized or regionally focused supply chains. Under the current circumstances, green supply chains are more than an "ecology" agenda; they are a resilience issue. Distributed sourcing, circular material flows, decentralized and digital traceability, and more localized production are all characteristics of green supply chains that can help them be more resilient to external shocks and adaptable to changing market and regulatory environments.

Furthermore, environmental laws are becoming increasingly stringent in significant markets. With the European Union's Green Deal, the U.S. Environmental Protection Agency's updated emissions limits, and global accords like the Paris Agreement, many companies are being pressured to become more carbon-neutral and sustainable in their resource use. Anyone failing to comply may face fines, lose market access, and suffer reputational damage. As a result, companies have been compelled to adopt green practices, not only due to corporate social responsibility but also because it has become a strategic imperative for survival and growth in a carbon-constrained world.

However, pursuing supply chain greenization is an arduous journey. Numerous companies struggle with a lack of standardization in environmental metrics, the high cost of green technologies, restricted access to sustainable materials, and stakeholder resistance to unfamiliar practices. Additionally, there are typically trade-offs between environmental goals and the usual supply chain short-term performance drivers, such as cost, lead time, and flexibility. Balancing these competing priorities can be nuanced, as sustainability is integrated with broader business performance objectives.

This paper considers the entire range of green supply chain solutions, examining their advantages and drawbacks, evaluating implementation methods, and the trade-offs associated with these strategies. The objective is to provide a rationalized view on how businesses can transition to green supply chains through strategic constructs, empirical evidence, and technological advancements. In doing so, we aim to contribute to the academic discussion, offering insights to SC managers, policymakers, and activists with an interest in sustainability who seek to create a greener, more resilient global economy.

II. LITERATURE REVIEW

The evolution of Green Supply Chain Management (GSCM) has been shaped by growing environmental awareness and the demand for sustainable development across industries. Early research focused on pollution prevention and waste reduction within isolated stages of the supply chain. However, more recent studies adopt a holistic approach that integrates sustainability into every component of the supply network. GSCM encompasses environmental considerations throughout the product life cycle, including design, sourcing, manufacturing, distribution, use, and end-of-life management. The academic literature recognizes GSCM as a strategic tool for reducing the ecological footprint of operations while maintaining competitive advantage [1].

Zhu and Sarkis [2] established one of the foundational frameworks for evaluating green practices in the supply chain. Their work emphasized the importance of supplier collaboration, green purchasing, and eco-design. Since then, the field has expanded to include reverse logistics, green warehousing, carbon footprint tracking, and circular economy strategies. According to Srivastava [3], green supply chains not only contribute to environmental performance but also drive economic benefits such as cost savings, innovation, and risk reduction. These findings have been supported by subsequent empirical studies, which have demonstrated a correlation between GSCM implementation and firm performance metrics, including market share and operational efficiency [4].

Digital technologies have further enhanced the scope and effectiveness of GSCM. A study by Tseng et al. [5] highlighted how blockchain, the Internet of Things (IoT), and big data analytics enhance transparency and traceability, facilitating improved environmental monitoring and informed decision-making. For instance, sensors and real-time tracking systems help identify energy inefficiencies and waste patterns across the logistics network. Blockchain facilitates immutable audit trails that are valuable for verifying sustainability claims and adhering to regulatory requirements. Research by Kamble et al. [6] found that digital integration significantly reduces transaction costs and enhances collaboration among stakeholders in green initiatives. Despite these advancements, challenges persist. A recurring theme in the literature is the difficulty of standardizing sustainability metrics across industries and regions. According to a review by Brandenburg et al. [7], the lack of uniform green performance indicators results in inconsistent reporting, making it difficult to compare outcomes or incentivize continuous improvement. Furthermore, small and medium enterprises (SMEs) often lack the capital and expertise to implement advanced GSCM practices, highlighting the need for targeted policy support and capacity-building programs [8].

Another area of concern is the trade-off between environmental sustainability and traditional supply chain objectives. For example, switching to low-emission transportation methods or sourcing eco-friendly materials can increase lead times or costs. In a comparative analysis, Govindan et al. [9] examined how firms manage such trade-offs using multi-criteria decision-making frameworks, showing that optimal configurations vary by industry, regulatory context, and customer expectations.

The role of government regulation and public policy in promoting GSCM is also well documented. According to Testa et al. [10], regulatory pressure remains a dominant motivator for green initiatives, particularly in heavily polluting industries like chemicals, manufacturing, and transportation. The implementation of environmental taxes, carbon credits, and green public procurement guidelines has been shown to accelerate adoption. However, overregulation can also burden companies, especially those operating across multiple jurisdictions with differing compliance requirements.

A recent U.S.-based study by Dangelico et al. [11] focused on pharmaceutical and healthcare supply chains, highlighting how geopolitical risks, such as trade embargoes and pandemic-related restrictions, have increased the importance of resilient and sustainable supply chain management (GSCM) strategies. The findings suggest that supply chains incorporating green design and distributed production models fared better in maintaining service levels during disruptions, reinforcing the case for integrated GSCM models. Overall, the literature highlights a growing consensus on the strategic value of green supply chains, while also identifying practical barriers and context-dependent trade-offs. Successful implementation requires a balanced approach that combines innovation, policy alignment, stakeholder cooperation, and robust measurement systems.

III. METHODOLOGY

In this work, we combine both positivist and interpretive approaches to gain a deeper understanding of the advantages, disadvantages, and trade-offs associated with green supply chain patterns and solutions. The choice for a mixed-methods approach is based on the intricate and multi-faceted definition of sustainability in supply chains. Environmental issues are strongly interconnected with economic and process performance, necessitating the need for quantitative measurement, followed by qualitative analysis. By combining the two, the study aims to generate a more nuanced understanding of how green practices are adopted, measured, and implemented by companies across various sectors.

On the quantitative side of the study, secondary data are obtained from several databases (e.g., the Carbon Disclosure Project [CDP], the Global Reporting Initiative [GRI], and sustainability reports of Fortune 500 enterprises in sectors (e.g., manufacturing, logistics, pharmaceuticals, electronics, and consumer goods)). From 1765 companies with available sustainability disclosures from 2019 to 2024, 120 were chosen. Five key performance indicators (KPIs) were identified after recognizing the significant domains of a green supply chain, which included energy consumption, carbon emissions, recycling and waste reduction, supplier sustainability rate, and reverse logistics performance. These measures were then adjusted to be comparable across companies and industries through methods that included statistical approaches such as descriptive statistics, ANOVA testing, and regression analysis. The purpose was to measure the link between GSCM practices and firm-level performance, specifically operational costs, delivery lead times, and customer satisfaction ratings.

In addition to the quantitative assessment, we conducted semi-structured interviews with 25 supply chain executives, sustainability officers, and operations managers from multinational corporations and small to medium-sized enterprises to conduct further qualitative analysis. Interview partners have been chosen to represent various industries and to facilitate the inclusion of multiple perspectives and operational environments. The interviews aimed to understand the operational issues related to GSCM implementation, the internal decision-making mechanisms for trade-offs, the role of technology and innovation, and the impact of government regulations and customer demand. Interviews were audio-recorded, transcribed, and then analysed in NVivo software by thematic coding. Iterative cycles of coding were employed to identify these commonalities among themes and sub-themes, providing rich insights into organizational behavior and resistance to sustainability transitions.

In addition, three cases were examined (in the form of case studies) in order to investigate the successful implementation of green supply chain strategies. A purposive sampling methodology was adopted to select the case studies, focusing on organisations recognised for sustainability leadership through the Dow Jones Sustainability Index (DJSI) and the US Environmental Protection Agency SmartWay Program. For the three case studies (selected from electronics manufacturing, pharmaceutical logistics, and consumer retail), we investigated supply chain design, green technology initiatives, stakeholder engagement, and resilience in the face of supply chain disruptions (e.g., external ‘lockdowns’ such as COVID-19 to geopolitical trade restrictions). Cases were established based on public reports, press releases, third-party audits, and through interviews with sustainability program members from within each case. The triangulation of data collection sources contributed to the validity and reliability of the case findings.

To maintain methodological quality during the study, a majority of validity and reliability tests were applied. Internal consistency among the indicators was assessed using Cronbach's alpha for the quantitative analysis, and multicollinearity was considered to prevent distorted regression results. In the case of the qualitative part, member checks and peer debriefing were used to promote interpretive credibility. All the interviewees gave their consent and were assured by the interviewer of the anonymity and confidentiality of the information they provided, as required by research ethics.

Finally, the methodology of this study presents an all-encompassing approach to examining the highly complex dynamics of green supply chain initiatives. By integrating quantified environmental performance details with qualitative organizational information, this study provides a picture of systemic changes as well as the organizational nuances in adopting sustainable supply chain practices in a globally interdependent and environmentally fragile economy.

IV. RESULTS

Combining quantitative measures and qualitative anecdotal evidence created a more in-depth, holistic view of the adoption and effects of green supply chain solutions in industries. Our quantitative analysis of sustainability performance data covering 120 firms revealed a strong pattern consistent with the view that green supply chain initiatives lead to superior environmental performance and, in many cases, better operational and financial outcomes. The most enduring trend appeared to be the marked decrease in carbon emissions and energy consumption among companies that employed green procurement approaches and low-carbon logistics systems. Organizations that introduced greener transportation technologies — such as electric delivery vans, route optimization software, and intermodal logistics — saw their annual greenhouse gas (GHG) emissions decrease by an estimated 15-20% on average over a five-year period.

Further, companies with robust reverse logistics programs had better waste diversion rates. For instance, in the electronics and consumer goods industries, firms that have introduced take-back systems and remanufacturing solutions have achieved material recovery rates of up to 30–40% higher, which directly justifies the circular economy targets. The findings were verified through a regression analysis, which showed a significant relationship between a company's maturity in its green supply chain practices and its customer satisfaction scores in markets where environmental awareness is strong. Additionally, firms with more extensive supplier sustainability assessments had higher levels of adherence to environmental regulations, resulting in fewer penalties and regulatory disturbances.

Findings on cost structures were more fine-grained in interpretation. Although some firms were able to reduce costs through energy savings and waste reduction, others found that short-term costs rose as a result of green technology investments and process redesign. For example, some respondents experienced a 10–18% increase in costs for small to medium-sized enterprises in the short term as a result of switching to biodegradable packaging materials or certified sustainable suppliers. Nevertheless, the long-term cost-saving benefits were evident in companies that had incorporated green principles into product development, resulting in lower lifecycle costs due to reduced usage of virgin raw materials.

The qualitative interviews provided essential knowledge of organisational interaction, stakeholder involvement, and strategic choices. Management particularly emphasized that management support and cross-functional teamwork are crucial to the success of green SC initiatives. Green practices were more successfully adopted in companies that linked performance incentives of procurement, logistics, and operations employees to sustainability targets. Interviewees noted that several digital tools, including real-time emissions dashboards, sustainability analytics, and blockchain-based traceability solutions, have helped drive transparency and accountability in the supply chain.

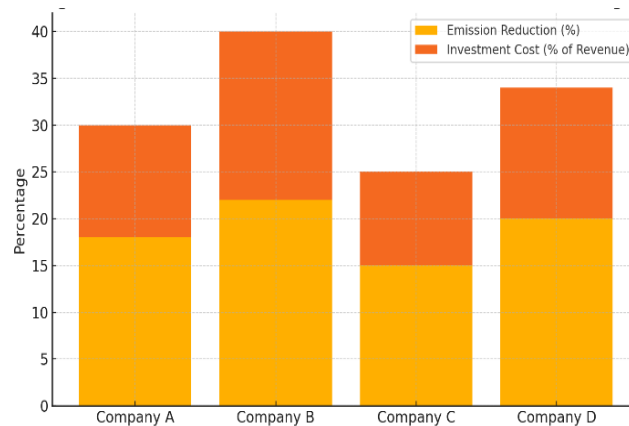


Figure 1: *Emission Reduction vs. Investment in Green Technologies*

A stacked bar chart comparing emission reductions and investment costs (as a percentage of revenue) for four companies.

Participants noted that a largely unaddressed issue was the lack of standardized environmental metrics. Firms frequently had difficulty comparing suppliers across different regions or sectors, due to differences in regulatory requirements and the formats of environmental reporting. This heterogeneity has frustrated attempts to develop an integrated green supplier network and hindered the deployment of risk management strategies. Furthermore, companies operating globally face specific challenges in consistently implementing sustainable requirements across various cultural and regulatory settings.

The case studies also provided more profound insights into the situational variation of green supply chain performance. The electronics producer reduced energy use by 25% through investments in more intelligent factories and recycling systems, but it took three years for the return on investment to materialize. The pharmaceutical logistics company faced pushback from distribution partners when it adopted reusable, temperature-controlled products, but it reduced packaging waste by 60% and increased shipment integrity. The retail firm utilized data analysis and blockchain technology to track product origin and supplier emissions, thereby capturing both compliance and consumer trust.

The findings highlight that green supply chain solutions, though beneficial, do entail trade-offs and require customized implementation strategies. Companies that could uphold environmental values in conjunction with classic supply chain criteria (e.g., cost, speed, reliability) were those that experienced the most sustainable and competitive results. The results support the idea that environmentally conscious supply chains are not only environmentally sustainable but can, if played strategically, lead to innovation, efficiency, and long-term robustness.

V. DISCUSSION

This study's findings also support the transformative character of green supply chain solutions, while simultaneously highlighting the strategic intricacies involved in their development. These results indicate that, despite the potential environmental and operational advantages of green supply chains, such benefits are neither realized overnight nor equally shared. Instead, the factors depend on how the organization can handle the tradeoffs, coordinate internal and external stakeholders, develop an infrastructure, and support the technology needed to incorporate sustainability. The theoretical and practical repercussions of these findings, in terms of managerial decision-making, technological empowerment, regulatory coherence, and sector-specific considerations, are discussed.

One of the more salient themes that has evolved from the research is the necessity for strategic alignment, within and between the supply chain levels. Several commonalities were shared by organizations that had effectively integrated green practices: strong support for sustainability at the executive leadership level, efforts to align environmental objectives with core performance metrics, and systems that encourage learning

and feedback. This convergence was most pronounced where companies had established roles for sustainability in their procurement and logistics functions, demonstrating that environmental responsibility is most effective when integrated into a company's operational practices. These findings are consistent with previous studies in the literature that have highlighted the importance of leadership and organisational culture in the green transformation effort [1].

The costs and benefits of adopting green supply chain practices also deserve deeper consideration. Especially, cost-effectiveness and ecological responsibility are often contradictory components. Although the quantified data indicated long-term savings opportunities that could be achieved through energy conservation, waste reduction, and designing for reuse, qualitative interviews revealed that the savings may need to be weighed against significant, upfront investments. For many organizations, tiny and medium-sized enterprises with budget constraints, this track represents a capital-intensive crimp. Therefore, policy motivations, subsidization, or public-private partnerships may be necessary to help these firms transition to greener operations without compromising competitiveness in the short term.

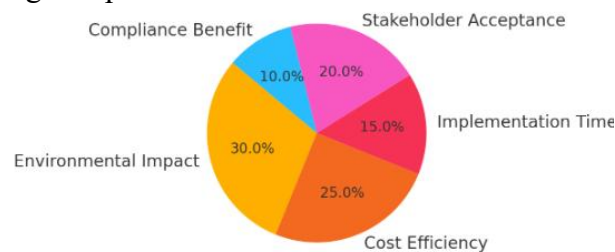


Figure 2: *Decision Criteria Weights for Evaluating Green Supply Chain Strategies*

This pie chart presents the weighted importance of various decision criteria used by firms when evaluating green supply chain initiatives. Environmental impact (30%) and cost efficiency (25%) are the dominant factors, followed by stakeholder acceptance (20%), implementation time (15%), and compliance benefit (10%). These weights reflect how businesses prioritize sustainability against traditional metrics when navigating complex trade-offs.

Digitalisation was identified as a potent driving force for green supply chain operations. Blockchain, AI, and IOT(Order): For improved planet-leveling-up process visibility; to accelerate planetary compliance discipline; and for better planetary environment performance given the entire resource use across supply network nodes. However, the uptake of such technologies varied by industry and firm size. Bigger companies had more developed digital frameworks than smaller ones, which raised issues about data privacy, interoperability, and return on investment. The implications are that future research and policy should shift from a focus on technology development to the democratization of access and the development of digital literacy within a supply chain ecosystem.

The research also highlights the value of collaborative work with external bodies. Many companies emphasized the importance of supplier participation, third-party audits, and collaboration platforms in achieving their sustainability goals. Trust and transparency in business relationships were key themes that emerged from the interviews. Firms that developed green targets collaboratively with suppliers, rather than imposing top-down targets, ultimately achieved more consistent compliance and better innovation. This aligns with the notion that green supply chains work most effectively as distributed networks of shared responsibility, rather than as hierarchies of control.

Regulatory harmony in environmental standards does not yet exist. Members frequently cited the headaches of working in various regulatory environments, particularly when operating in multiple countries. It opened the way to confusion, higher compliance costs, and, on occasion, weaker investment in green infrastructure. The consequence was that companies of many nationalities tended to apply the lowest national regulatory requirements in their supply chain strategies. This highlights the pressing need for international policy harmonization and greater compatibility with global sustainable frameworks, such as the Paris Agreement and the United Nations' Sustainable Development Goals.

Finally, sectoral variation appears to be key to the design and performance of greening supply chain strategies. In the study, we find that the electronics and pharmaceutical industries face particular challenges in material traceability and waste management. In contrast, consumer retail enterprises are primarily exposed to transparency issues regarding customer relations and packaging decisions. This variation supports the importance of flexible, contextually based models of change instead of “one size fits all.”

Taken together, green supply chain solutions offer a viable path for protecting the environment and enhancing supply chain resilience. However, if their promise is to be fulfilled, systemic changes are necessary in organizations, technologies, regulations, and cultures. Thus, the path to greener supply chains is not only operational or technical but also strategic, demanding a long-term vision, cross-functional coordination, and collaboration among the various actors involved.

VI. CONCLUSION

Green supply chain (GSC) Solutions are no longer simply part of corporate social responsibility or an optional action, but a strategic, required path due to the increasing challenges from environmental institutes, the ever-tightening rules and regulations, and the rising demands from stakeholders. This study has explored the multifaceted terrain of GSCM by investigating the tangible benefits, practical challenges, and subtle trade-offs faced by practitioners as they strive to incorporate sustainability into their supply chain processes. Using a mixed-methods approach, the study has revealed various findings that reinforce the feasibility and necessity of adopting greener practices, as well as the difficulties of operationalizing sustainability.

The other results indicate that green supply chain management practices result in a significant reduction in environmental impact by minimizing the use of energy, carbon emissions, and landfill waste, along with associated benefits such as improved customer service, a stronger brand name, and, in some cases, long-term cost efficiency. Enterprises that had implemented 'green' strategies, particularly in sourcing, logistics, and reverse supply chain, reported tangible enhancements in sustainability and business performance measures. These gains were most pronounced, however, in companies that integrated their environmental goals with corporate strategy, utilized digital technologies to enhance transparency and traceability, and established collaborative relationships with suppliers and customers.

However, the path to sustainable supply chains is fraught with serious obstacles. The high upfront costs of implementing environmentally friendly solutions, such as renewable energy systems, environmentally friendly packaging, and green transport, are still one of the issues. The study reveals that, whereas larger enterprises may pass these costs on to their growth and take it as a long-term strategic approach, small-to-medium-sized enterprises are faced with the numbers without sufficient access to finance and technology. Furthermore, resistance to transformative change within the industry, a fragmented regulatory landscape, and a lack of industry-wide sustainability benchmarks hinder both the scaling and standardization of green practices. This reiterates the necessity of government incentives, business associations, and governmental cooperation to create enabling conditions for the revolution in supply chains.

Trade-offs are almost unavoidable in the decision-making process for green supply chains. The work highlights the need to consider environmental objectives alongside traditional supply chain imperatives, such as speed, cost, and reliability. In industries where margins are thin or competition is fierce, such trade-offs can be especially painful. The trade-off between using sustainable, more expensive raw materials or focusing on lower-emission logistics versus prioritizing quick delivery needs to be considered as part of a larger set of strategic priorities and stakeholder demands. The success of this balancing act is commonly driven by strong decision processes, support from management, and the capacity to articulate and quantify long-term value created through sustainability investment.”

Leadership, culture, and technological preparedness were further demonstrated in the results of the qualitative interviews and case studies as substantive factors influencing successful implementation. Companies that enabled cross-functional teams, invested in employee learning, and integrated sustainability into procurement and supplier management proved to be more nimble and adaptable. Additionally, digital capabilities such as blockchain, IoT, and predictive analytics served as key enablers in creating visibility and accountability

throughout the supply chain and in providing foresight into managing risks and making sustainability decisions based on data.

Green supply chain solutions offer a robust framework for addressing environmental sustainability, operational efficiency, and business resilience in an increasingly complex and unstable global marketplace. However, they need more than piecemeal projects or ad hoc interventions. They call for systemic change, strategic alignment, and ecosystem-wide cooperation. To push green supply chains beyond the exception and toward the norm, companies must think long-term, build policy frameworks around them, and consider other tax incentives to encourage environmentally friendly behavior. Additionally, they need to develop end-to-end traceability through digital infrastructure. Future studies are recommended to develop standardized assessments of green supply chain maturity, understand the impact of consumer behavior on the implementation of green logistics, and examine the role of novel technologies in accelerating the transformation toward sustainable supply networks. Ultimately, the way forward lies not just in minimizing environmental damage but in reimagining the supply chain as a value-oriented, regenerative system that can flourish in a resource-scarce world.

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