

# **The Role, Mechanism, and Practical Paths of Ethnic Traditional Sports in the Process of Building a Community with a Shared Future for Mankind (A Case Study of China).**

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## **Abstract**

Ethnic traditional sports (ESP) have been identified as an important tool for achieving the concept of “A community of Shared Future for Mankind (CSFM)”. This highlights the need to understand the role of ESP in the process of achieving CSFM and ways it can be effectively utilized. Although Previous studies have explored the roles, mechanisms, and practical paths of ethnic traditional sports in the process of building a community of shared future for mankind, none of them have been able to provide specific means or steps by which these traditional sports can help in the process of building a community of shared future for mankind. This study employed the PRISMA protocol for systematic reviews. From an initial pool of 4,637 articles identified using a Boolean search term across three commonly used search engines (Web of Science, Emerald, and Science Direct), A total of five (5) papers were chosen for final inclusion in accordance with PRISMA requirements. These papers were used to synthesize the study's final results. The results of this study identify the roles of ethnic traditional sports in the process of building a shared future for mankind, and it also proposes a specific mechanism and practical paths by which the role of ethnic traditional sports in the process of CSFM can be materialized. The findings of this study are essential for the integration of ethnic traditional sports in the process of CSFM

**Keywords:** Ethnic traditional sports, global sports, CSFM, shared future for humanity through sports.

## **1.0 Introduction**

Ethnic traditional sports and physical activities have been an important part of the lifestyle of Chinese people for more than 5,000 years, and are regarded as a part of their identity. There are over 900 ethnic traditional sports in China, including the traditional sports of ethnic minority groups in China[1]. These Chinese ethnic traditional sports have cultural and spiritual dimensions which are rooted in the different ancient Chinese beliefs such as Taoism, Buddhism and Confucianism which has the most influence, these philosophical and ethical belief systems, have shaped the values and morals of the Chinese people for centuries, it has also has informed how various physical activities and sports are practiced, perceived, and valued across the different ethnic groups in China. Many ethnic traditional Chinese sports cultures have assiduously embraced the core Confucian ideals of compassion, righteousness, and propriety, which in

addition to guiding the participants' moral behaviour and interpersonal interactions, also have an impact on how these sports are viewed and played, encouraging a healthy balance between the participants' physical and spiritual well-being[2,3]. These activities are deeply connected with the daily lives of Chinese people living across different regions and ethnic backgrounds in China. These sports and exercises reflect a rich heritage, which represents the customs, traditions and values of these ethnic groups. The impacts of these activities vary, to the older generation of people in China these activities are key to living a good, healthy and disease-free life, they play a very important role in ensuring that they remain physically fit and strong but in general these activities have greatly influenced global sports and recreational activities such as the WUSHU which is widely recognised and performed around the world[4].

Global Sports is based on fundamental ideas and principles such as teamwork, discipline, inclusion, and mutual respect, which are necessary to build a fair and just society[5]. Teamwork is a central value in most global sports athletes in order to achieve their goals must learn to work. Teamwork creates a sense of unity among athletes and enables them to put aside personal interests or goals for the benefit of the entire team. Discipline is another important aspect of global sports. To achieve success in sports, players have to be consistent and sensitive to the rules of the game, and this can only be achieved through discipline. It teaches players the importance of commitment, hard work, and perseverance[5]. Inclusion in global sports helps bring together people from diverse backgrounds. It breaks down barriers and promotes a sense of belonging among participants. When all individuals, irrespective of their background, is welcomed, it allows them to learn from one another's experiences and perspectives, enriching the community as a whole. Respect is another important principle in global sports, as participants must honour their opponents, coaches, and officials, leading to a more positive and supportive environment. In addition to promoting healthy values, engaging in global sports is also vital for physical and mental health, and helps to prevent various diseases [5]. In general, global sports serve as a powerful tool for personal growth, its participants develop resilience and the ability to overcome challenges, this fosters self-confidence and leadership skills that extend beyond the playing field, community bonds are strengthened as people come together to support teams, share experiences, and celebrate achievements, all these play an important role in building stronger individuals and healthier communities[5,6].

The concept of A Community of Shared Future for Mankind (CSFM) represents a comprehensive vision from China aimed at creating a better future for all people. This concept was first put forward by President Hu Jintao. At first, the focus of CSFM was primarily on issues that were relevant to China itself. President Hu Jintao emphasized the importance of national development and stability, which were critical for China's growth at that time. As the idea evolved, it transitioned to encompass broader global concerns. This shift marked a significant change, as the CSFM began to address issues that affect nations and societies worldwide. Such issues include economic inequality, climate change, and international security challenges[7,8]. It was under President Xi Jinping's leadership that the CSFM gained substantial traction as an important global framework, in March 2013 at the Moscow state institute of international relation, President Xi Jinping formally put forward the concept to the world and has made it a central part of China's foreign policy; he advocates for cooperation among nations and seeks to promote mutual respect and collaboration. Under his guidance, the vision has gained international attention[7–10]. The CSFM reflects fundamental human values such as integrity, harmony, and inclusiveness, alongside principles of social equity and justice. It has been integrated into various United Nations resolutions, including those from the Security Council and the Human Rights Council. The CSFM theory highlights economic integration,

mutual respect, and the inclusion of diverse values, aligning with the key aspirations of many nations. It contributes to advancing a more just, harmonious, and sustainable path for global development. It aims to build a world where people share common goals and work together for humanity's betterment[7,8,11].

The idea of utilizing sports as a tool to achieve CSFM is embodied in the phrase “Building the Shared Future of Humanity Through Sports” which was first used in a forum held on 20th November 2021 at Istinye University Valley Campus and via Zoom, the forum was organized under the leadership of the Turkish Student Union in China, the Belt and Road Initiative Quarterly (BRIQ), and the Istinye University Center for Belt and Road Studies. It was created in the context of the 2022 Beijing Winter Olympics, aiming to address the role of sports in promoting global cooperation [12]. Part of the goals of the forum was to discuss ways to utilize sports to enhance mutual understanding and respect among nations, contributing to a more united global society, advocating for sports as a universal human right and a powerful tool for global peace, thereby creating mutual understanding among nations that transcends political, cultural, and social barriers[8,12].

Global sports over the years have been an important tool that has been contributing to the goal of shared community for all mankind by fostering unity, peace, social equity, and global connectivity[5,6,12]. Ethnic traditional sports, on the other hand, have the potential to bring unique cultural values to the mix. Ethnic Traditional sports, such as those practiced by the Chinese people, not only help preserve and share cultural identities but also promote holistic well-being, community engagement, and global cultural exchange. Just like global sports, ethnic traditional sports have the potential to shape a more inclusive, peaceful, and harmonious world, in line with the broader vision of building a shared future for humanity[5,12,13]. Therefore, this study systematically reviews the possible roles of ethnic traditional sports in the process of building a community with a shared future for mankind.

## **1.2 Brief background on the concept of A Community of Shared Future for Mankind (CSFM)**

The vision of a community with a shared future for mankind is to create a world where there is global peace, development, intercultural acceptance, and appreciation. This movement is led by China, which hopes to create not just a global community but one in which there is a shared future for all humanity by promoting the common growth of other countries while going after its own growth [14–16]. As key bearers of the vision for a community with a shared future for mankind, China has made a lot of contributions to ensure the success of this vision[17].

Peace is a key part of building a successful and thriving community. It is a common goal of mankind and has been the dream of the common man for a very long time[17]. To build a community of a shared future for all mankind, China believes that peace is an important factor and has played a key role in promoting peace. In addition to the five principles of peaceful coexistence, China has put forward an ethos which comprises “the building of a harmonious world” this ethos has the win-win cooperation at its core, which was made official by President Xi Jinping on September 3, 2015[17,18]. Since its independence, China has been developing friendly and cooperative relations with other countries, adhering to its policy of “building Friendship and partnership with neighbouring countries,” while cooperating with them to ensure regional peace and stability, and has been able to establish diplomatic relations with 179 countries with a global network of 110 partnerships of various types[17,19,20]. China has also contributed to the United Nations mission of keeping World Peace and is the second largest contributor to United Nations

peacekeeping assignments and Membership fees, and also the largest contributor of troops among the five permanent members of the United Nations Security Council[17,21]. To continue to maintain its stand for global peace, China has continued to show restraint in matters of territorial dispute through bilateral negotiations and consultations in a spirit of common understanding and equal standing, and has signed 12 boundary treaties out of 14 with its land neighbours, with 90 percent of their land boundaries delimited and demarcated[17,22].

Poverty reduction and development a key point in the world today a lot of people in most developing countries are living in poverty with limited access to basic amenities. China has been able to reduce absolute poverty among its people and due to their belief, that a prosperous World is the most suitable place for their own prosperity, China has ensured it participates in international cooperations for poverty reduction and has become a contributor, promoter and an advocate of international poverty reduction by earnestly following through on the United Nations' Millenium Development Goals and the 2020 Agenda for Sustainable Development. [17,23,24]. The Belt and Road Initiative (BRI) is another way by which China has contributed to Global prosperity. The BRI is China's way of promoting international communications, cultural exchange, mutual understanding, and cooperation among nations, which has led to common development, peace, and cooperation among the nations along the Silk Road. For China, Global prosperity is important in building a community of shared future for Mankind and they continue to support and participate in efforts to bring development and poverty alleviation to other developing countries [25–28].

Promoting Mutual Learning and exchanges is also another important part of building a community of shared future for mankind, considering the fact that the world is composed of over 200 countries and regions, over 6000 languages, and more than 2500 ethnic groups who have different histories, nationalities, cultures, and civilisations. China, as a country whose civilization is over 5000 years old and was formed through continuous exchanges and mutual learning from other civilizations, understands this and has made efforts to ensure that exchanges and mutual learning among civilizations are promoted[29–32]. Some of the efforts China has made to achieve this are by ensuring that some official and unofficial works written in Chinese by its past and present leaders, historians, and famous individuals have been translated into foreign languages so that other people around the world can read and learn from. They have exported arts, music, crafts, films, albums, paintings, and various cultural products and art forms, which have enabled people around the World to know more about Chinese culture and the history of its civilization. China has Confucius institutes in some parts of the World that teach the Chinese language and aspects of the Chinese culture. They have also admitted foreign students in their schools, with over 300,000 foreign students admitted every year in China, and have co-hosted cultural festivals in many countries around the World[30,33–35].

Climate change is one of the pressing problems in our time; the excessive degradation of the natural environment poses a greater danger to humans, animals and other living things. The earlier this excessive degradation is curtailed, the more chances we have to mitigate the already incurred damages and the negative effects the future generations might experience [17,36]. Promoting Green development to ensure the reduction in the degradation of the environment is also an important element in building a community of shared future for Mankind. China, a country at a stage of their development where there is accelerated industrialization and urbanization, which is a point where the contradiction between economic growth and

environmental protection has become very obvious understands the importance of green development and as the fore bearers of the vision of CSFM are making efforts to ensure the protection of the environment and the promotion of green development [17,37]. In order curtail environmental challenges like deforestation, desertification, and air and water pollution challenge has established some key reforestation and afforestation initiatives such as the 1978 Three-North Shelterbelt Program, the 1998 Natural Forest Protection Project, the 1998 Grain for Green Program, the 2002 South China Slopes Land Conversion Program, the 2011 Ant-Forest Program. They are also adopting more forceful policies and to peak CO<sub>2</sub> emissions by 2030 and achieve carbon neutrality by 2060 [38–40]. China has also intensified the development and utilization of renewable energy and has become the World's Largest Market for renewable energy and the biggest manufacturer of renewable energy equipment, tools and machines and are working on means to curtail fossil energy consumption and promote non-fossil energy use in key sectors such as construction, transportation and manufacturing[17,41–43].

In global sports, sports play a key role in showing what we share. They help connect people of different ages, genders, cultures, and income levels. This setting promotes fairness and breaks down social divides. For distinct populations, the usefulness of sports in fostering the feelings of unity, nationalism, and patriotism has been proved universally in different countries. These populations would not speak the same language or share the same beliefs but are able to appreciate their common history, culture, and traditions because of sports. This shared experience and attachment to each other and to their society will further induce national integration. Interaction and teamwork will foster mutual respect and understanding across the lines of social disparity and bonds as different community blocks are forged together by engaging in sports[44–47]. Having said this, mutual objectives and partnerships in sport may be key in challenging barriers often situated among different segments of society, thereby acting to deconstruct prejudices and formulate harmony between hitherto divided entities. The effect of sport is not only limited to competition. It brings together different views and values, creating a broader societal mix. Therefore, the role played by sport in fostering togetherness and international relations is very important; it provides reason for people to come together, offering a unity mindset to the nations or the states among which they have become part of.[48–51]. To foster a community that envisions a shared future for humanity, China views sports as an essential instrument. In relation to this, sports are considerably believed to be intertwined with the concept of CSFM due to the principle of symbiosis. Symbiotic realization emphasizes the practicality of an active promotion and explication to that shared mindset. Sports, therefore, are seen as the perfect medium for carrying through the spirit of cooperation. The very spirit that carries sports towards equality ties closely with the concept of CSFM. Sports are inclusive and open, and they seem to welcome participation by all, enlivening the notion of symbiosis in people's minds and spirit[52–54]. Sports hereby set a standard that they transcend individual personas to guarantee equal participation in all human beings from various creeds and groups. The essence of the basic understanding of what equality means takes on many versions among various nation-states. Yet, in sports, it is applicable only in terms of competing in total fairness, i.e., under the same governing conditions for all players, no matter where they are, what religion they hold, or the colour of their skin. This is so much an image of equal rights that constitute the fortress of a future-oriented community for the worlds. Playing sports is an opportunity for individuals to overshadow their differences and work toward integration and communal respect. Sports do not just constitute competition but highlight unity and understanding at the same time, reinforcing that a community of shared future can be achieved[55,56].



Ethnic Traditional sports just like global sports is a more specific sports tool which can be used to achieve a community of shared Future for Mankind. It has the identity of its origin enshrined in it can help to promote intercultural exchange between countries. China has ensured the development of its traditional and cultural activities including the traditional sports, in June 2021 China's Ministry of Culture and tourism issued the 14<sup>th</sup> Five Year Plan for the protection on intangible cultural heritage, which is aimed at protecting China's intangible cultural heritage in the process of new urbanization and cultivate and protect cultural heritage in urban communities. China believes ethnic traditional sports can be an essential tool in the process of building a community of shared future for mankind[57–60].

### **1.3 Aim and Objectives of the study**

Although Previous studies have explored the roles, mechanism and practical paths of ethnic traditional sports in the process of building a community of shared future for mankind none of them have been able to provide specific means or steps by which traditional sports can help in the process of building a community of shared future for mankind. Therefore, the aim of this study is to systematically review the roles of ethnic traditional sports using the PRISMA protocol and propose a possible mechanism for utilizing ethnic traditional sports in the process of building a shared future for mankind using China as its study area.

The specific objectives of the study include:

1. To systematically review the roles of ethnic traditional sports in the process of CSFM using PRISMA protocol
2. To propose a mechanism for utilizing ethnic sports in the process of CSFM
3. Suggest practical paths for the integration of ethnic traditional sports in the process of CSFM.

## **2.0 Methods**

### **2.1 procedure**

The Preferred Reporting Items of Systematic Reviews and Meta-analyses (PRISMA) protocol was used to conduct this study [61]. With its guide list which contains a systematic spectrum of Identification, Screening, Eligibility, and Inclusion (Fig. 2). A systematic search using Boolean compliance databases and specific keywords was used to search the term phrase; (ethnic AND traditional sport) AND ("community") AND ("development") AND "china". From Web of Science, 1 article was found, Emerald 1059 articles, and ScienceDirect 3577 articles. A customized time period from 2016 to January of 2025 was applied, and the articles retrieved from each database were exported in CSV and TXT.

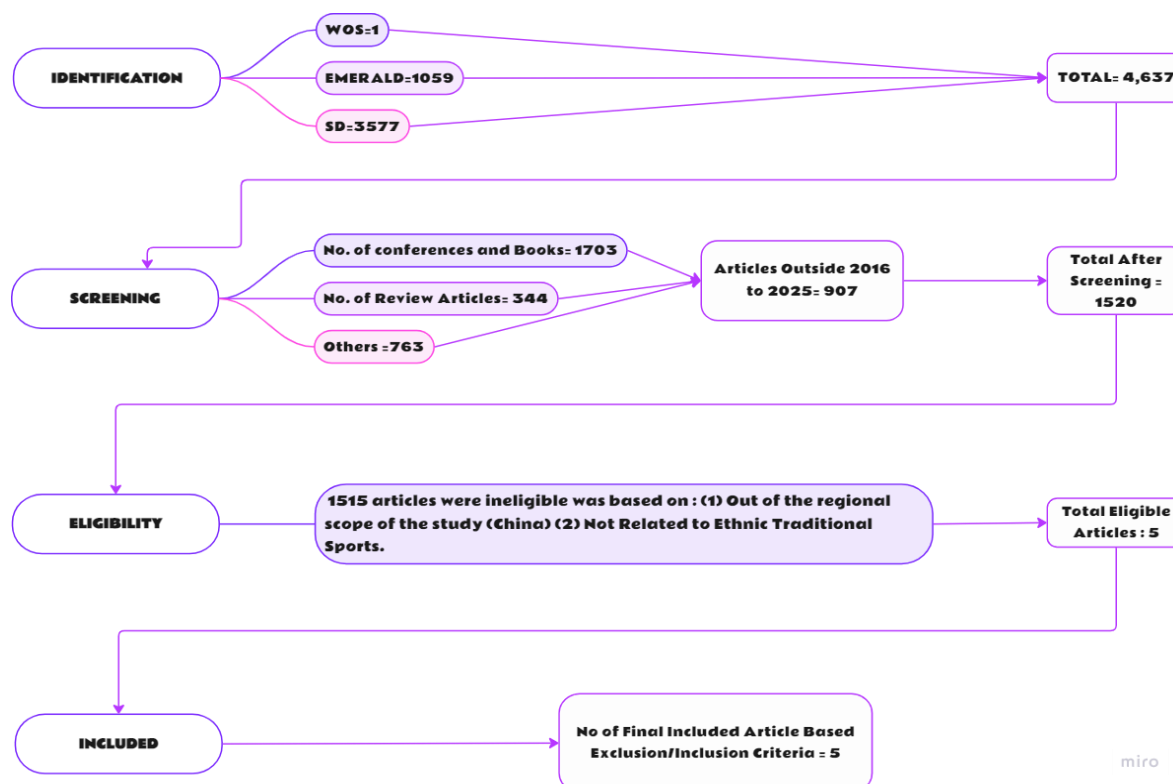


Figure 1 PRISMA guide-protocol designed for this study

## 2.2 Identification

The initial search found a total of 4,637 articles. This search was done using three (3) commonly used databases, namely, Web of Science (WOS), Emerald, and ScienceDirect (SD). The search Keywords used were in English. Boolean operators were essentially used to give a broader and specific search for the exact phrase used. Figure 1 shows the number obtained from each search engine.

## 2.3 Screening and Eligibility

Most of these search engines possess some features for filtering. After removing review articles, data containing books, abstract articles, and conferences, presentations were screened out. After the screening, 1520 articles were passed for eligibility. These were all peer-reviewed articles that were carried out within the specific period in focus ( from 2016 to the time of writing this review study). The article's full text, abstract, and keywords were assessed for eligibility based on conformity to specific criteria described in Fig. 1.

## 2.4 Exclusion/Inclusion criteria

This part describes the setup criteria for making the final inclusion from the eligible articles. This present study's carved condition for inclusion and inclusion, which are as follows: Studies that mentioned Intangible Cultural Heritage and/or ethnic traditional sports (or their related terms traditional sports, rural sports, community sports) in the study's objective, abstract, and keywords.

## 2.5 Analysis

This study acknowledges the essence of synthesizing findings; Therefore, the final included articles were used to address the major objectives of this study, which include: (1) Role of Ethnic Traditional Sports in building CSFM, (2) Mechanism and Practical Paths of Ethnic Traditional Sports in building CSFM.

## 3.0 Results and Discussion

Five (5) papers were chosen for final inclusion out of the 4,637 articles found in the first search, in accordance with PRISMA requirements. Table 1 displays the specific details and attributes of these considered research papers. Based on the significant goals and scope of the current research, the studies are further divided into five (5) groups.

Table 1: List of final included articles based on PRISMA requirements for this study

S/N	Article	Study Area	Research Goal and Objective	Research Methods	Major Findings
1	Does rural sports tourism promote the sustainable development of the destination? Based on quasi-experimental evidence of sports and leisure towns in China [62]	Entire China.	To systematically explain the causal relationship between rural sports tourism and the sustainable development of rural locations using the Driving Force State Response Model (DSR).	1. Driving Force State Response Model (DSR). 2. A difference-in-differences (DID) model constructed with the quasi-natural experiment of "sports and leisure characteristic towns in China" (SLT)	1. Rural sports tourism can significantly promote the sustainable development of rural locations. 2. Rural sports tourism promotes sustainable development by optimizing industrial structure, enhancing resident values, developing infrastructure, and increasing grassroots governance efficiency. 3. There are obvious differences in regional effects, with the western region seeing the impact of rural sports tourism on sustainable development.
2	Spatial distribution characteristics and influencing	Yellow River Basin, China. (which consists of nine	To combine DBSCAN and KDE to systematically investigate the	1. Density-based spatial clustering of applications with noise (DBSCAN) was	1. The overall ICH in the Yellow River Basin showed a spatially agglomerated distribution, with the



	factors of intangible cultural heritage (ICH) in the Yellow River Basin[63]	provincial areas: Qinghai, Sichuan, Gansu, Ningxia, Inner Mongolia, Shaanxi, Shanxi, Henan, and Shandong)	spatial distribution patterns of the overall and 10 categories of ICH in the YRB at basin, provincial, and county scales.	used to determine the spatial distribution patterns of overall ICH and the different types of ICH in the YRB 2. Kernel density estimation (KDE) to further determine the spatial distribution patterns of the different ICH in the YRB. 3. Geo-Detector to detect the spatial heterogeneity of ICH distribution and analyze the influence of individual factors as well as the interactions between factors on ICH spatial distribution	middle and lower reaches being the core areas. 2. Population, GDP, nationally significant historical and cultural towns and villages, and museums in the socioeconomic, historical, and cultural dimensions significantly impacted the spatial distribution of ICH in the multidimensional analysis framework of ICH influencing factors, while the natural dimension's components had a negligible effect. 3. Regional differences in ICH distribution were apparent, with the middle-lower reaches and several cultural areas having the highest concentrations.
3	The spatial differentiation characteristics and influencing mechanisms of intangible cultural heritage in China[64]	Entire China.	To determine the spatial differentiation characteristics and influencing mechanisms of intangible cultural heritage (specifically the Hometown of Chinese Folk Culture and Art,	1. For the spatial distribution features of HCFCFA, the Nearest neighbour analysis (NNA) was used 2. The Kernel density estimation (KDE) method	1. Eastern part of China has the highest regional distribution structure with their traditional fine arts and traditional dance dominating the structure. 2. The spatial distribution pattern of HCFCFA is influenced by the interplay of the natural environment, economic development,

			HCFCA) in China to provide scholarly foundations for the conservation and development of cultural heritage.	was used to calculate the spatial distribution pattern and clustering degree of HCFCA. 3. The Geo-detector analysis method was used to find the driving factors behind the spatial differentiation of HCFCA.	social development, and historical background factors. 3. The cultural heritage exhibited in HCFCA shows the dynamic code for the inheritance of regional culture and the spiritual driving force for socioeconomic development.
4	Development of Wushu culture industry using internet of things technology: A case study of Anhui Province, China(Wang et al., 2023)	Anhui Province, China.	To determine how the Wushu cultural industry in Anhui Province can be developed by leveraging IoT technology	1. SWOT analysis method 2. The Internet of Things (IoT) technology 3. Analytic Hierarchy Process (AHP) 4. A Fuzzy relation matrix	1. The Wushu cultural industry in Anhui Province has seen positive growth trends and considerable attention, and leveraging IoT technology and aligning with broader cultural industry trends is important for developing Wushu. 2. The Implications of the study goes beyond just the Wushu industry, and provide insights into how technology can be used to advance traditional practices in various domains. 3. The study was able to establish a novel exploration of the intersection between Wushu and IoT technology, and has the potential to inform and inspire further research

					in this evolving field.3. The study was able to establish a novel exploration of the intersection between Wushu and IoT technology, and has the potential to inform and inspire further research in this evolving field.
5	Community-sport service provision, participant satisfaction, and participation Experience and perspective of Guangdong, China[66]	Guangdong Province, China.	to examine the impact of community-sport service provisions on participants' satisfaction and, in turn, on their sport participation behaviour	A mixed-method approach involving Exploratory Factor Analysis (EFA), confirmatory factor analysis (CFA), and structural equation modelling (SEM) to analyze questionnaire data collected from 576 participants in Guangdong, China.	1. Core community-sport services, including sport facilities, organizations, and activity programs, had a strong positive influence on participant satisfaction and participation. 2. Peripheral services like fitness testing and sport instructors did not significantly impact participant satisfaction. 3. Participant satisfaction mediated the relationship between sport service provision and participation/spending behaviours.

### 3.1 Role of Ethnic Traditional Sports in building CSFM

In today's world, the rapid development of technology has led to globalization, which has bridged the distances between countries, turning the world into a global village [67]. Therefore, there is a need to build a society with a shared future for all mankind. Ethnic traditional sports play an important role in community building, enhancing national identity and cultural preservation, and promoting international cooperation[68]. Three major roles of ESP in the process of CSFM were synthesized from the final papers of this study.

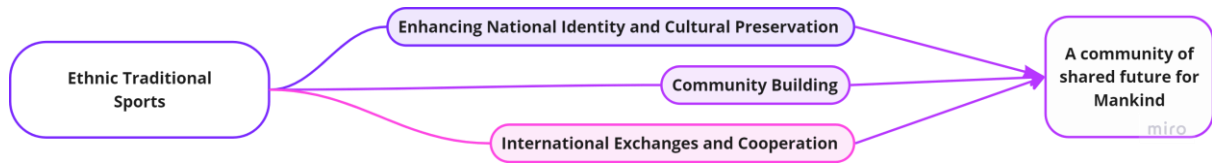


Figure 2: The major roles of Ethnic sports in establishing a shared future for Mankind

### 3.1.1 Enhancing National Identity and Cultural Preservation

Although contemporary technology has made the world a single community of interdependent inhabitants, there is a need for individual communities to preserve their national identity and cultural heritage[29]. Ethnic Traditional sports reflect a rich national cultural heritage and a deep sense of national identity, which can help to enhance national identity and cultural preservation in communities where they emanate from by serving as a source of inspiration, pride, and sense of belonging to individuals of these communities[69]. In China, Ethnic Traditional sports such as the traditional Chinese martial arts (also known as Wushu) which comprises of activities like Tai chi, Kung fu, and Tai ji Quan do not only serve as a means to maintain physical health and fitness but also help to preserve ancient cultural practices and values[1]. The study done by Hu et al. (2024) as seen in Figure 3, show that Hometown of Chinese Folk Culture and Art (HCFCA) represent a means for the inheritance of regional culture and a spiritual driving force for socioeconomic development which suggests that participants of these Chinese traditional cultural activities have deep connection to their cultural roots and a sense of pride in their heritage[64].

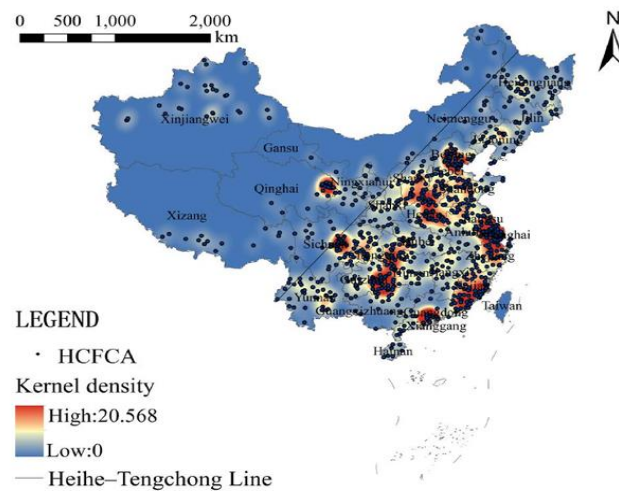


Figure 3: Kernel density of HCFCA in China[64]

### 3.1.2 Community Building

As humans, various intrinsic and extrinsic features make us unique, and most times these features tend to create a gap that prevents us from co-existing with one another. Ethnic traditional sports play an important role in fostering unity, togetherness, and identity in the community by bringing people together in shared activities[13]. Promoting ethnic traditional sports regardless of their origin provides an opportunity for participants to display their unique cultural heritage, thereby enhancing social bonds and a sense of belonging among participants and also promoting cultural awareness and appreciation[70]. For us to achieve CSFM through ethnic traditional sports, we have to pay attention to the current trends of our time

and try to continuously combine the development of ethnic traditional sports with modern technologies[13,29]. Investigations in Anhui province, China, revealed that the use of IoT technology can enhance the growth of the different types of Wushu culture industry (Figure 4). This suggests that the use of technology can be beneficial in enhancing the role of ethnic traditional sports in the process of CSFM [65].

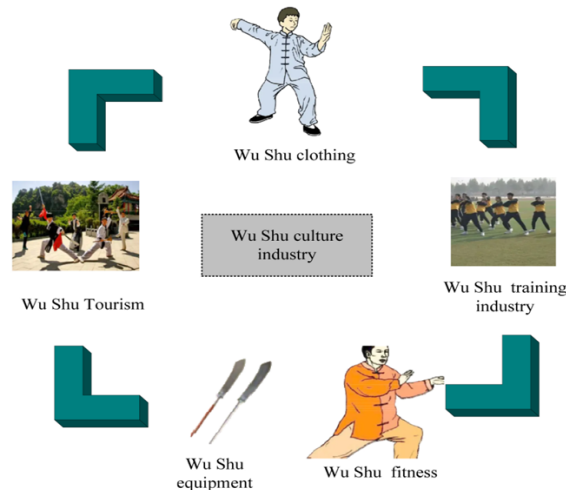


Figure 4: Types of Wushu culture industry in Anhui province[65]

### 3.1.3 International Exchanges and Cooperation

Creating a shared future for all mankind requires that all men, regardless of country or nationality, country or cultural affiliation, can appreciate one another [70]. Ethnic Traditional sports carry the unique features of a nation or culture and therefore play an important role in promoting international dialogue, exchanges, and cooperation. International competitions and cultural exchange programs involving these ethnic traditional sports activities, such as the World Wushu Championships and the International Dragon Boat Invitational Race, have been successful in promoting mutual understanding and respect between different cultures and Nationalities by bringing together athletes from different backgrounds and fostering a sense of global community[13]. To enhance the role of ethnic traditional sports in promoting international exchange and cooperation, there is a need to draw ideas from the advancements and technological achievements of international sports circles and improve the sports services of these sports activities such as advanced training facilities, organizations, activity programs, competition rules and management models which can help to improve participants satisfaction, competitive level and also spectator value[13]. Zhou et al. (2019) in their study on the effect of Community-sport service provision on participant satisfaction and participation Experience (as seen in Table 1), show that these sports services have a great influence on the satisfaction and participation of participants [66]. This suggests that improving the sports services these sports including ethnic traditional sports enhances their role in promoting international exchanges and cooperation.



## 3.2 Mechanism and Practical Paths of Ethnic Traditional Sports in building CSFM

### 3.2.1 Proposed Mechanism

Having identified the major roles of ethnic sports in establishing a shared future for mankind, there is a need to construct a specific technique or mechanism to utilize these roles in the process of CSFM. A schematic diagram (Figure 5) was constructed showing the specific means by which these roles can be utilized for CSFM.

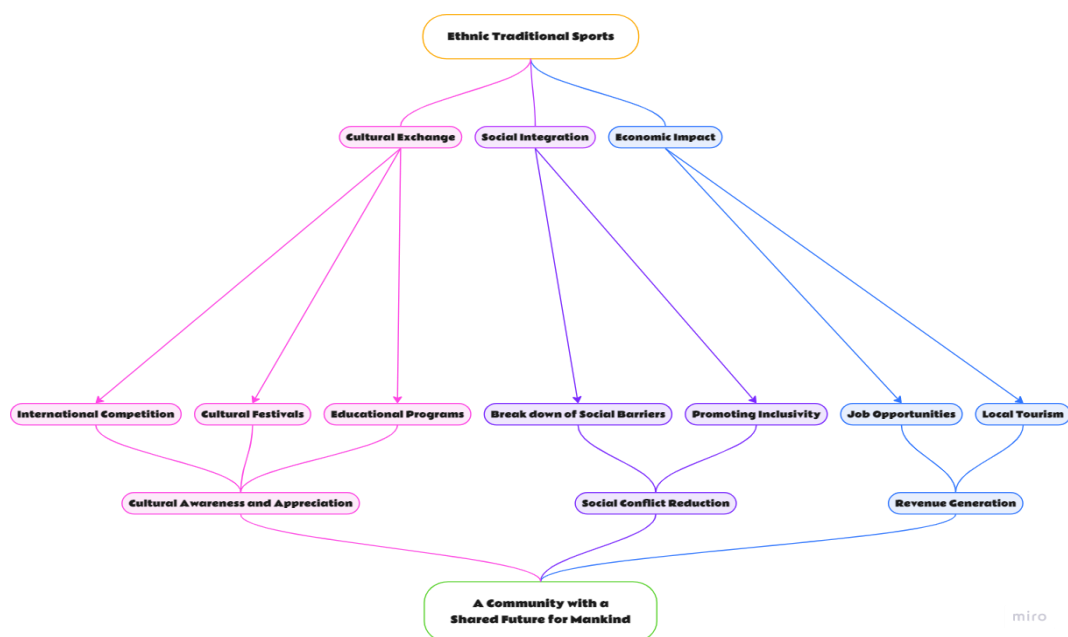


Figure 5: Proposed mechanism for building a community with a shared future for Mankind through Ethnic Traditional sports

#### 3.2.1.1 Cultural Exchange

Using Cultural exchange programs like international competitions involving ethnic traditional sports, celebrating cultural festivals with the display of some ethnic traditional sports and extending invitations to other nationalities to come and experience the unique celebrations and establishing educational exchange programs that allows students of different nationalities explore the opportunity of learning in a new environment and maybe learn new languages and participate in different cultural activities including ethnic traditional sports can help in the integration of particular cultures' ethnic traditional sports into other sports cultures including western sports cultures which increases cultural awareness and appreciation thereby creating a community with a shared future for all mankind [13,69,71].

### **3.2.1.2 Social Integration**

Promoting ethnic traditional sports increases cultural awareness and appreciation, which can enable social integration. Ethnic traditional sports help establish social integration by eliminating social barriers and promoting inclusivity. Community programs that include ethnic traditional sports provide an avenue for different participants from different age groups, ethnic backgrounds, and socioeconomic statuses. The experiences of these participants help to reduce social conflicts and build a more unified community[13,69,70].

### **3.2.1.3 Economic Impact**

The Economic benefits of ethnic traditional sports are numerous; they are able to amplify the local tourism of a particular area by attracting visitors interested in experiencing new and unique cultures, thereby creating more job opportunities for the participants of these ethnic traditional sports and the tourism sector. This has provided an avenue for communities to generate revenue through ethnic traditional sports-related events and their merchandise[13,29,69]. Cheng et al. (2025), in their study to determine if rural sports tourism promotes sustainable development (as seen in Table 1), showed that rural sports tourism promotes sustainable development by optimizing industrial structure, enhancing resident values, developing infrastructure, and increasing grassroots governance efficiency [62].

### **3.2.2 Practical Paths**

Ethnic traditional sports are essential to help the goal of CSFM come into being, and to make this happen, some practical steps have to be taken. First, government policies should support the preservation and promotion of these sports. There should be sufficient funding allocated to community sports programs. International Exchange programs should feature these ethnic traditional sports. Youth programs, local festivals, and community centres should try and incorporate these ethnic traditional sports in their activities. International programs that include these ethnic traditional sports should be promoted, such as the Wushu World Championships. Another very practical means is to establish an international traditional game just like the Olympic Games, but exclusively for traditional sports that involve traditional sports of various origins around the world and bring together participants from all over the world, thereby creating an avenue for the appreciation of various cultures.[13,29,69].

## **Conclusion**

The vision of a community of shared future for mankind hopes to create a World where there is global peace, development, and appreciation of our diversity and culture. Sports, particularly ethnic traditional sports, have been identified as a strategic means by which the goal of CSFM can be achieved. These activities are already known to promote peace, understanding, and development, thereby making them an essential tool for materializing this important vision for humanity. Therefore, there is a need to understand the role of these ethnic traditional sports and how to specifically utilize them to achieve CSFM. The results of this study identify the roles of ethnic traditional sports in the process of building a shared future for mankind, it establishes that these sports activities do not only serve as a tool for enhancing national identity and cultural preservation but also an important tool in fostering unity and intercultural exchange and cooperation. The proposed Mechanism provides a specific means and an efficient framework for harnessing the potential of ethnic traditional sports to promote mutual understanding and cooperation

among different communities, thereby creating a shared future for mankind. The practical paths proposed by this study provide possible ways and actionable strategies for integrating ethnic traditional sports into global activities and are crucial for ensuring that the unique cultural heritage and values embedded in these sports are recognized and valued globally, thereby ensuring cultural awareness and appreciation of various cultural practices. This study focused on the ethnic traditional sports of Chinese origin; future research can explore the role of ethnic traditional sports from the perspective of other regions and how they can contribute to the process of building a community of shared future for mankind. The findings of this study are essential for the integration of ethnic traditional sports in the process of CSFM, as they provide a mechanism and practical paths by which the role of ethnic traditional sports in the process of CSFM can be materialized.

### **Acknowledgments**

We acknowledge the High-Performance Computing Center and the E-library of Nanjing University of Information Science & Technology for their support of this work

### **Authors Contribution**

The research was conceptualized by Orisakwe Chizidaram.J and Odoh-Ifeanyi Collins.C. The methodology by Orisakwe Chizidaram.J, and the manuscript writing and editing were done by Orisakwe Chizidaram.J and Odoh-Ifeanyi Collins.C.

### **Funding**

No funding received for this research

### **Clinical trial number**

Not applicable

### **Data Availability Statement**

No datasets were generated or analysed during the current study.

### **Declarations**

#### **Ethics Approval**

Not applicable

#### **Consent to Participate**

Not applicable

#### **Consent to Publish**

Not applicable

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